

B4 PRACTICE PACK

Practice, Use It, Bring It Back

Eight clearly separated practice sets—one for each B4 chapter. Complete the core exercises, use English in a short mission, and bring evidence of your homework to the next class.



Formula → Practice → Real Use → Reflection

✓ **How to use this pack:**

1. **Core:** complete Exercises 1 and 2 after class.
2. **Real Use:** complete Exercise 3 aloud with a person, AI voice tool, or phone recorder.
3. **Bring Back:** bring the requested evidence and be ready to use it with a partner.
4. **Stretch:** revise and improve one answer after feedback.

Chapter	Survival outcome	Homework evidence
1	Introduce yourself, your routine, and a recent event.	Six-sentence profile + 60-second recording
2	Explain and confirm an arrival plan.	Arrival card + confirmation recording
3	Report a lost item and what you have tried.	Lost-item report + follow-up answers
4	Pass on instructions accurately.	Three-message relay note
5	Explain a disruption in chronological order.	Three-event timeline + voice explanation
6	Report a service problem and request action.	Customer-service message
7	Describe the person, place, or thing you need.	Three clue cards
8	Complete a multi-stage day-abroad rehearsal.	Mission log + final reflection

CHAPTER 1

Starting Over: Routines and Recent Events



Outcome:

I can say what is usually true and what happened at a finished time.

Exercise 1 · Core Choose the time frame

Complete each sentence with the Present Simple or Simple Past form of the verb.

1. I usually _____ the bus to work. (take)
2. Yesterday the bus _____ twenty minutes late. (arrive)
3. My sister _____ at a clinic near her home. (work)
4. Last Saturday we _____ our new neighbors. (meet)
5. What time _____ class on Tuesdays? (you / start)
6. Where _____ after class yesterday? (you / go)

Exercise 2 · Core Build your six-sentence profile

Write two facts about you, two routine sentences, and two sentences about a recent finished event. Underline the time expressions.

Exercise 3 · Real Use One-minute new-classmate conversation

Use your profile without reading every sentence. Ask your partner one routine question and one past question. Use one repair phrase if needed.

Useful opening

A: What do you usually do after work?

B: I usually study. Yesterday I visited my aunt. What about you?



Homework Prompt · 12–15 minutes:

Voice prompt: “Act as a new B4 classmate. Ask me one question at a time about my routine and one recent event. Speak slowly. If I make an important mistake, explain it briefly in Portuguese and ask me to repeat.” **Offline:** record both sides of a six-question conversation.

Bring back: your six-sentence profile and one sentence you improved.

CHAPTER 2

Planning the Trip: Arrival, Help, and Instructions



Outcome:

I can explain a plan, ask what I have to do, and confirm time and place.

Exercise 1 · Core Choose the useful travel phrase

Circle the option that best completes each situation.

1. The train leaves ____ 7:40 ____ Monday.
☐ a) at / on
☐ b) in / at
2. You ____ show your passport at the desk. It is required.
☐ a) might
☐ b) must
3. I think I ____ take the airport bus. That is my plan.
☐ a) will
☐ b) did
4. ____ you tell me where platform 6 is?
☐ a) Could
☐ b) Must

Exercise 2 · Core Make an arrival card

Complete the card in full sentences.

1. I will arrive at:

2. I will meet:

3. I have to:

4. If I need help, I can ask:

Exercise 3 · Real Use Confirm the instruction

A partner changes one detail on your arrival card. Confirm the time, place, and action. Include: “So I need to...”, “Did you say...?”, or “Can you write that down?”



Homework Prompt · 12–15 minutes:

Voice prompt: “Act as an airport information worker. Ask about my arrival plan. Then give me a gate, a time, and one instruction. Make me confirm all three details. Speak slowly.”

Offline: ask someone to read three details twice, then record your confirmation. **Bring**

back: the arrival card and the final three-detail confirmation.

CHAPTER 3

Recent Problems: Lost Luggage and Travel Experience



Outcome:

I can state a current problem, say what I have tried, and give finished details.

Exercise 1 · Core Current result or finished detail?

Complete with the Present Perfect or Simple Past.

1. I _____ my blue backpack. (lose)
2. I last _____ it near Gate 12. (see)
3. We _____ the bus. (already / check)
4. The bus _____ at 6:20. (leave)
5. _____ to security yet? (you / speak)
6. Yes, I _____ to them ten minutes ago. (speak)

Exercise 2 · Core Complete a lost-item report

Invent a lost item. Include appearance, last known place/time, and two actions you have already taken.

Exercise 3 · Real Use Lost-property follow-up

Give your report aloud. Your partner asks: What does it look like? When did you last see it? What have you done? How can we contact you?

🏠 Homework Prompt · 15 minutes:

Voice prompt: “Act as a lost-property worker. I have lost an item. Ask one question at a time about its appearance, when and where I last saw it, what I have already done, and my contact details. Do not give me model answers until the end.” **Offline:** record your report, pause, and answer the four printed questions. **Bring back:** the written report plus one follow-up answer that was difficult.

CHAPTER 4

Passing On Information: What They Said



Outcome:

I can report what a worker said, told me, or asked me.

Exercise 1 · Core Choose said, told, or asked

Complete each report with the most useful verb.

1. The receptionist _____ that breakfast started at seven.
2. She _____ me to leave the key at the desk.
3. The manager _____ me to wait for ten minutes.
4. He _____ the room had been cleaned.
5. They _____ us that the bus was delayed.

Exercise 2 · Core Relay three messages

Report each message. Preserve the meaning; perfect mechanical tense changes are not the main goal.

1. “The shuttle leaves from the side entrance.”

2. “Show this receipt to the driver.”

3. “Please wait near the blue door.”

Exercise 3 · Real Use Information chain

Person A reads three instructions to Person B. Person B closes the page and reports them to Person C. Person C confirms one detail with: “Did they say...?”



Homework Prompt · 12–15 minutes:

Voice prompt: “Act as a hotel receptionist. Give me three short instructions, one at a time. Then change roles and ask me to report what the receptionist said, told me, and asked me to do.” **Offline:** ask someone to read three instructions while you take notes, then record your report. **Bring back:** the three original messages and your three reported versions.

CHAPTER 5

Travel Disruptions: What Happened First



Outcome:

I can explain an earlier event, a later problem, and the help I need now.

Exercise 1 · Core Put the disruption in order

Number the events 1–4.

☐

The passenger asked to be rebooked.

☐

The first train stopped outside the station.

☐

The connecting train left.

☐

The passenger arrived at the platform.

Exercise 2 · Core Connect earlier and later events

Complete with the Past Perfect or Simple Past.

1. When I _____ the platform, the train _____. (reach / already leave)
2. We _____ the flight because the bus _____. (miss / break down)
3. After the worker _____ my ticket, she _____ a later train. (check / offer)
4. I _____ calmer after I _____ a new booking. (feel / receive)

Exercise 3 · Real Use Explain and solve the disruption

Draw a three-event timeline. Explain what had happened, what happened next, and what you need now. Ask for two possible solutions.

Homework Prompt · 15 minutes:

Voice prompt: “Act as a station worker. I missed a connection. Ask what had happened before I arrived, what happened next, and what help I need. Offer two options and make me choose one.” **Offline:** use a three-event timeline to record a 60-second explanation and request. **Bring back:** the timeline and your chosen solution.

CHAPTER 6

Customer Service: What Was Lost, Canceled, or Declined



Outcome:

I can report what happened to an item, payment, booking, or order and request action.

Exercise 1 · Core Put the result first

Rewrite using the Passive Voice because the result is more important than the actor.

1. The airline canceled my flight.

2. The machine declined my card.

3. Someone damaged my suitcase.

4. The restaurant delivered the wrong order.

Exercise 2 · Core Complete the service dialogue

Use: was charged, was delivered, was declined, can be replaced.

1. Customer: My card _____, but I have money in the account.
2. Agent: I can see that the payment _____ twice.
3. Customer: Also, the wrong item _____.
4. Agent: It _____ tomorrow.

Exercise 3 · Real Use Problem + evidence + request

Choose a card problem, booking problem, damaged item, or wrong order. Explain: what happened, what evidence you have, and what solution you want.

Homework Prompt · 15 minutes:

Voice prompt: “Act as a patient customer-service agent. Ask me what happened, when it happened, what evidence I have, and what solution I want. Offer a solution and a time frame. Make me confirm both.” **Offline:** use an imaginary receipt or booking and record both sides. **Bring back:** a four-sentence service message and the promised solution/time frame.

CHAPTER 7

Finding What You Need: People, Places, and Purpose



Outcome:

I can describe an unknown person, place, or object and explain its purpose.

Exercise 1 • Core Who, which, or where?

Complete each clue.

1. I need the person _____ helps with lost passports.
2. Where is the machine _____ prints train tickets?
3. Is there a place _____ I can charge my phone?
4. A pharmacist is someone _____ can explain basic medicine.
5. This is a form _____ you complete for a refund.

Exercise 2 • Core For + noun or to + verb?

Complete with for or to.

1. I need a charger _____ my phone.
2. I came here _____ collect my bag.
3. Is this line _____ international passengers?
4. Where can I go _____ speak to a nurse?

Exercise 3 · Real Use Three mystery clue cards

Describe three useful people, places, or objects without naming them. Include one who, one which, one where, and a purpose phrase.



Homework Prompt · 12–15 minutes:

Voice prompt: “Act as a city information volunteer. I will describe three people, places, or objects without naming them. Guess what I need, ask a follow-up question, and give a simple next step.” **Offline:** play the clue game with someone or record clues and reveal the answers after a pause. **Bring back:** your three clue cards and one follow-up question.

CHAPTER 8

A Day Abroad: Final Mission Rehearsal



Outcome:

I can combine everyday phrases, solve problems, and repair communication across several situations.

Exercise 1 · Core Match the natural phrase to the situation

Write the correct letter.

1. check in

2. fill out

3. look for

4. take a seat

5. make a complaint

a) search for something

b) register at a hotel or airport

c) report dissatisfaction formally

d) complete a form

e) sit down and wait

1. _____

2. _____

3. _____

4. _____

5. _____

Exercise 2 · Core Keep the conversation moving

Use: check in, fill it out, speak more slowly, mean, sort this out.

1. Traveler: I would like to _____, please.
2. Worker: Please take this form and _____.
3. Traveler: Could you _____, please?
4. Traveler: Do you _____ I need to pay again?
5. Worker: No. Let me _____ for you.

Exercise 3 · Real Use Three-stage rehearsal

Complete all three stages with a partner: (1) ask for transport help and confirm the route; (2) check in and follow an instruction; (3) solve a wrong order, room, payment, or health problem. Use at least two repair phrases.

1. Transport phrase I used:

2. Instruction I confirmed:

3. Problem and solution:

4. Repair phrases I used:



Homework Prompt · 18–20 minutes:

Voice prompt: “Create a three-stage B4 survival roleplay: transportation, check-in, and one unexpected service or health problem. Play one worker at a time. Speak slowly, ask follow-up questions, and do not give me the answer. At the end, tell me one strength and two priorities in Portuguese.” **Offline:** draw three situation cards and complete them with a partner or record both roles. **Bring back:** your four-line mission log and one goal for the final exam.

Final Reflection My next practice target

Complete the reflection honestly.

1. One situation I can handle now:

2. One repair phrase I can use automatically:

3. Before the speaking exam, I will practice:
